

### Little Scholars October 2-6 2023 Menu

 <b>Monday</b> 10/2	<b>Tuesday</b> 10/3	<b>Wednesday</b> 10/4	<b>Turthday</b> 10/5	<b>Friday</b> 10/6
<b>Breakfast</b> Whole Milk /1% Milk Homemade Oatmeal Cereal (kasha) Melons	Whole Milk /1% Milk Homemade French Toast Watermelon	Whole Milk /1% Milk Homemade Hot Farina Cereal (kasha) Bananas	Whole Milk /1% Milk Homemade Hot Vermicelli Cereal (kasha) Apple Slices	Whole Milk /1% Milk Eggo Waffles w/ Syrup Oranges
<b>Lunch</b> Whole Milk /1% Milk Lentil Soup Turkey Panini Tomatoes	Whole Milk /1% Milk Chicken Noodle Soup ½ WGR Slice Bread Homemade Quesadillas w/ Cheese Cucumbers	Whole Milk /1% Milk Borch Baked Mini Pizza Tomatoes	Whole Milk /1% Milk Fish Soup Cheese Panini Cucumbers	Whole Milk /1% Milk Meatball Soup ½ WGR Slice Bread Baked Fish Filet Tomatoes
<b>PM Snack</b> Homemade Chicken Pilaf Oranges	Chicken nuggets w/ French Fries Apples	Turkey Meatballs w/ Buckwheat Peaches	Potato Pierogi Bananas	Chicken & Broccoli w/ Rice Apples

Menu is subject to change. \*Water will be provided throughout the day. \*Children under 2 y/o get whole milk. Over 2 y/o get 1% Milk.  
**Snack Time:** Pretzel, Graham Crackers, Muffin, WGR Scooters, Cheese Stick, Yogurts, Fresh Fruits (rotating)

### Little Scholars October 9-13 2023 Menu

 <b>Monday</b> 10/9	<b>Tuesday</b> 10/10	<b>Wednesday</b> 10/11	<b>Turthday</b> 10/12	<b>Friday</b> 10/13
<b>Breakfast</b> Whole Milk /1% Milk Homemade Omelet Melons	Whole Milk /1% Milk Homemade Hot Rice Cereal Bananas	Whole Milk /1% Milk Eggo Waffles w/ Syrup Oranges	Whole Milk /1% Milk Croissant w/ Cream Cheese Peaches	Whole Milk /1% Milk Homemade Hot Farina Cereal (kasha) Apples
<b>Lunch</b> Whole Milk /1% Milk Chicken Rice Chicken Nuggets Tomato Slices	Whole Milk /1% Milk Fish Soup Turkey Panini Cucumber Slices	Whole Milk /1% Milk Vegetable Soup ½ WGR Slice Bread Fish Sticks Tomatoes	Whole Milk /1% Milk Lentil Soup Turkey Hot Dogs Cucumbers	Whole Milk /1% Milk Chicken Noodle Soup Baked Mini Pizza Tomatoes
<b>PM Snack</b> Macaroni with cheese Apples	French Fries w/Chicken Cutlets Melon	Homemade Crepes Stuffed w/ Chicken Meat Bananas	Chicken Dumplings Oranges	Homemade Quesadillas w/ Cheese Bananas

Menu is subject to change. \*Water will be provided throughout the day. \*Children under 2 y/o get whole milk. Over 2 y/o get 1% Milk.  
**Snack Time:** Pretzel, Graham Crackers, Muffin, WGR Scooters, Cheese Stick, Yogurts, Fresh Fruits (rotating)

### Little Scholars October 16-20 2023 Menu

 <b>Monday</b> 10/16	<b>Tuesday</b> 10/17	<b>Wednesday</b> 10/18	<b>Turthday</b> 10/19	<b>Friday</b> 10/20
<b>Breakfast</b> Whole Milk /1% Milk Fortified Cereal Watermelon	Whole Milk /1% Milk Homemade Hot Vermicelli Cereal (kasha) Apple Slices	Whole Milk /1% Milk Eggo Waffles w/ Syrup Peaches	Whole Milk /1% Milk Homemade Oatmeal Cereal (kasha) Oranges	Whole Milk /1% Milk Homemade Hot Farina Cereal (kasha) Bananas
<b>Lunch</b> Whole Milk /1% Milk Borch Chicken Nuggets Cucumbers	Whole Milk /1% Milk Fish Soup Turkey Panini Tomatoes	Whole Milk /1% Milk Chicken Soup Pizza bites Cucumbers	Whole Milk /1% Milk Split Pea Soup ½ WGR Slice Fish File Tomato Slices	Whole Milk /1% Milk Vegetable Soup ½ Cheese Panini Cucumbers
<b>PM Snack</b> Macaroni w/ Chicken Cutlets Peaches	Pierogi with Cheese Bananas	Homemade Chicken Pilaf Apple Slices	½ Day, No Snack	Chicken & Broccoli w/ Rice Oranges

Menu is subject to change. \*Water will be provided throughout the day. \*Children under 2 y/o get whole milk. Over 2 y/o get 1% Milk.  
**Snack Time:** Pretzel, Graham Crackers, Muffin, WGR Scooters, Cheese Stick, Yogurts, Fresh Fruits (rotating)

### Little Scholars October 23-27 2023 Menu

 <b>Monday</b> 10/23	<b>Tuesday</b> 10/24	<b>Wednesday</b> 10/25	<b>Turthday</b> 10/26	<b>Friday</b> 10/27
<b>Breakfast</b> Whole Milk /1% Milk Homemade Oatmeal Cereal (kasha) Melons	Whole Milk /1% Milk Homemade French Toast Watermelon	Whole Milk /1% Milk Homemade Hot Vermicelli Cereal (kasha) Apple Slices	Whole Milk /1% Milk Homemade Scrambled Eggs Oranges	Whole Milk /1% Milk Croissant w/ Cream Cheese Peaches
<b>Lunch</b> Whole Milk /1% Milk Chicken Noodle Soup Cheese Panini Tomatoes	Whole Milk /1% Milk Lentil Soup Turkey Hot Dogs Cucumbers	Whole Milk /1% Milk Vegetable Soup Baked Bagel Bites Tomatoes	Whole Milk /1% Milk Meatball Soup ½ WGR Slice Bread Baked Fish Filet Cucumbers	Whole Milk /1% Milk Fish Soup Turkey Panini Tomatoes
<b>PM Snack</b> Fried Chicken Fingers with Rice Apples	Homemade Crepes w/ Cheese Peaches	Macaroni w/ Ground Turkey Apple Slices	Homemade Baked Ziti Melon	Homemade Chicken Pilaf Oranges

Menu is subject to change. \*Water will be provided throughout the day. \*Children under 2 y/o get whole milk. Over 2 y/o get 1% Milk.  
**Snack Time:** Pretzel, Graham Crackers, Muffin, WGR Scooters, Cheese Stick, Yogurts, Fresh Fruits (rotating)

### Little Scholars Oct 30-Nov 3rd 2023 Menu

 <b>Monday</b> 10/30	<b>Tuesday</b> 10/31	<b>Wednesday</b> 11/1	<b>Turthday</b> 11/2	<b>Friday</b> 11/3
<b>Breakfast</b> Whole Milk /1% Milk Homemade Rice Cereal Bananas	Whole Milk /1% Milk Homemade Omelet Apple Slices	Whole Milk /1% Milk Homemade Hot Farina Cereal (kasha) Bananas	Whole Milk /1% Milk Eggo Waffles w/ Syrup Oranges	Whole Milk /1% Milk Homemade Oatmeal Cereal (kasha) Melons
<b>Lunch</b> Whole Milk /1% Milk Chicken Soup Turkey Panini Cucumber	Whole Milk /1% Milk Meatball Soup Baked Bagel Bites Tomatoes	Whole Milk /1% Milk Borch ½ WGR Baked Mini Pizza Cucumbers	Whole Milk /1% Milk Vegetable Soup Baked Fish Filet ½ WGR Slice Bread Tomato Slices	Whole Milk /1% Milk Chicken Noodle Soup Cheese Panini Cucumbers
<b>PM Snack</b> Meatballs w/ Buckwheat Watermelon	Macaroni & Cheese Peaches	Homemade Chicken Pilaf Apple Slices	Macaroni w/ Ground Turkey Bananas	Chicken Hot Dogs w/ Rice Oranges

Menu is subject to change. \*Water will be provided throughout the day. \*Children under 2 y/o get whole milk. Over 2 y/o get 1% Milk.  
**Snack Time:** Pretzel, Graham Crackers, Muffin, WGR Scooters, Cheese Stick, Yogurts, Fresh Fruits (rotating)

### Little Scholars November 6-10 2023 Menu

 <b>Monday</b> 11/6	<b>Tuesday</b> 11/7	<b>Wednesday</b> 11/8	<b>Turthday</b> 11/9	<b>Friday</b> 11/10
<b>Breakfast</b> Whole Milk /1% Milk Eggo Waffles w/ Syrup Peaches	Whole Milk /1% Milk Homemade French Toast Watermelon	Whole Milk /1% Milk Fortified Cereal Oranges	Whole Milk /1% Milk Homemade Scrambled Eggs Bananas	Whole Milk /1% Milk Homemade Hot Rice Cereal Apple Slices
<b>Lunch</b> Whole Milk /1% Milk Vegetables Soup Cheese Panini Tomatoes	Whole Milk /1% Milk Lentil Soup ½ WGR Slice Bread Baked Fish Filet Cucumbers	Whole Milk /1% Milk Chicken Noodle Soup ½ Cheese Panini Tomatoes	Whole Milk /1% Milk Fish Soup Baked Bagel Bites Cucumbers	Whole Milk /1% Milk Borch Baked Mini Pizza Tomato Slices
<b>PM Snack</b> Chicken Cutlets w/ French Fries Baked Fish Filet Melon	Homemade Chicken Pilaf Apple Slices	Homemade Crepes Stuffed w/ Chicken Meat Watermelon	Cheese Pierogi Peaches	Turkey Hot Dogs w/ Rice Oranges

Menu is subject to change. \*Water will be provided throughout the day. \*Children under 2 y/o get whole milk. Over 2 y/o get 1% Milk.  
**Snack Time:** Pretzel, Graham Crackers, Muffin, WGR Scooters, Cheese Stick, Yogurts, Fresh Fruits (rotating)